

# THE BLUE BERET



SEPTEMBER 1985



# AUGUST IN RETROSPECT

## ROTATIONS

1-9 AUSCON (half Battalion)  
27 CANCON Advance Party

## VISITS

2 General Sir James Glover KCB, MBE, and Captain R Winser visit the British Contingent.  
5-8 Major - General H Bredin CB, DSO, MC visited the British Contingent.  
6 Major - General Mathews E in C visited the British Contingent.  
8-22 Captain M Beaumont visited the British Contingent.  
13-15 Mr Ulf Hedlund, Telecommunication Engineer, visited the Swedish Contingent.  
13-17 Lieutenant Roe visited the British Contingent.

16-23 Canadian Film Crew visited the Canadian Contingent.  
18-19 Major - General Benbow Sig O in C visited the British Contingent.  
18-21 Lieutenant M Gilday visited the British Contingent.  
20-28 Lieutenant - Colonel K Benner Comd Chap visited the Canadian Contingent.  
20/8-13/9 Mr J Leblanc visited the Canadian Contingent.  
21/8-1/9 East Midland UOTC visited the British Contingent.  
21-29 Brigadier G Arnold visited the British Contingent.  
26-29 Lieutenant - Colonels S Larsson and H Norlen and M Wanseth visited the Swedish Contingent.  
29/8-5/9 Major Morrison, Sergeant Knuk and Corporal Sattar visited the British Contingent.

# FUTURE EVENTS

## SPORT

14-15 Sept DANCON March  
26-27 Sept Table Tennis Championships  
28-29 Sept DANCON March  
'WHAT'S ON' in Cyprus in September  
14-18 Nicosia Festival at the Famagusta Gate. Emphasis on Venetian and Lusignan era in Nicosia.  
21-23 Cyprus Rally starting from the Nicosia Stadium.  
29 International Tourist Day. Celebrations in all tourist towns.  
18 American Center Library. Film, Tender Mercies, starring Robert Duvall, Tess Harper, Allan Hubbard. 7.30 p.m.

## UN ART EXHIBITION

A UN Art Exhibition will be held from Fri 18 Oct - Thu 24 Oct 85. All UN personnel and dependants welcome to enter photographs, etc; Prizes have been kindly donated by the CYPRUS POPULAR BANK and CARLSBERG.

## VOLUME 22 NUMBER 9 SEPTEMBER 1985

Published monthly by the Military Public Information Office of the United Nations Force in Cyprus, HQ UNFICYP  
P.O. Box 1642, Nicosia, Cyprus  
Telephone: Nicosia 64000, Ext. 2235

### Editorial Staff

**Editor**  
Major R I M MacArthur  
**Editorial Assistant**  
Mrs Joan Nield  
**Secretary**  
Mrs Mary Villers  
**Photography**  
Staff Photographer - Sgt A Thomson  
Contingent Photographers  
**Unit Press Officers**

Sector 1	Maj E Christensen
Sector 2	Capt C H O'Rourke
Sector 4	Capt G Clairoux
Sector 5	Lt S-O G O Theilberg
Sector 6	Lt J Hartig
Sp Regt	Maj H M P Halcrow
FSC Sqn	Capt R E Blaksley
MP Coy	CWO P A Larin
84 Sqn RAF	Flt Lt F Haggerty
AUSTCIVPOL	Sgt J Holroyd
SWEDCIVPOL	Ch Insp P-A Persholt

The Blue Beret is the house journal of the United Nations Force in Cyprus and as such, is intended to provide a source of information on current events within the Force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Photographs should be in black and white on glossy paper size 160mm by 210mm. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

The copyright of all material in this journal is vested in United Nations Publications except where acknowledgement is made to another copyright holder. No article or illustration may be reproduced without the permission of the Editor.

Printed in Cyprus by  
Stavrinides Press Limited,  
Tel. 52525, Nicosia, Cyprus.

## Front cover TASK CHARLIE

Photograph by Sgt A Thomson

# THE BLUE BERET



## Editorial

This is the month of the helicopter, or so it would seem from the various contributions in this issue. Our front cover depicts the vital support given by 84 Sqn RAF to Sector 1 in its "Task Charlie" resupply mission. A further article by 84 Sqn explains what has happened to one of the old yellow Whirlwinds which previously had this role. In the centre pages the spotlight falls on the UNFICYP Flight. Although their Alouette helicopters are a familiar sight, this is your chance to find out what lies behind their operations.

From AUSCON we have an interesting profile of their Postmaster, and his unusual hobby! With other news of personalities we say welcome to the new Spokesman and farewell to Commander AUSTCIVPOL.

The Force Scout Car Squadron tells us of their first month of duties in Cyprus, and the DANCON article shows that they too have a reconnaissance capability.

On the Humanitarian side Sector 2 tells us of their dog hunting activities which play an important part in eradicating disease on the island.

Finally from Sector 5 comes the story of a life-saving 15 years ago by a SWEDCON soldier which led to a very happy reunion recently.

GRATULERAR!

## Contents

August in Retrospect: Future Events	2
Editorial: Contents	3
A Front Line Unit	4
A Happy Celebration and Reunion	5
Pictorial News	6/7
UN Flight	8/9
AUSTCIVPOL Commander Retires at the Completion of Cyprus Duty: What Happened to our Whirlwinds	10
The Austrian Field Postmaster - Officer and Fakir: To all Stamp Collectors at UNFICYP	11
Dog Hunting in Sector Two	12
International Cookbook	13
The First Month	14
Blue Beret Sport	15
UN News: The New Spokesman; Mr Charles Gaulkin: UN Art Exhibition	16



## A FRONT LINE UNIT

By: Sgt C H Larson

Photo by Unit Photographer



The Author

In the March edition of the Blue Beret readers got a vivid description of Limnitis Camp, which houses C-COY/DANCON.

The recce-section is one of the special units. Any NCO or Private is proud to tell that he belongs to this unit which, besides the daily routine patrol along the very unique and tough track running inside the BZ of Sector One, is ready at any time to carry out a lot of other tasks with very short notice indeed before "taking off" in their 4-wheeled Land Rovers which climb the steepest stokes.

In 2 days members of the UNFICYP Boardsailing Club - the Windjammers were involved in the rescue of 3 local civilians caught out at sea at Salamis, the Club's home water.

In the first incident, on 23 Aug 85, club members were alerted by one of the beach waiters that a man was in difficulty out to sea. At this time the sea was unusually rough, there was no wind and sailing had been abandoned. Despite the fact that many bystanders were doing nothing the 3 Club members from Support Regiment - Cpl Barlow, Cpl Cousins and Tpr Adesile went to give assistance. The casualty, an elderly man in poor health, was being caught by the swell and being dashed against the reef about 40 metres from the shore. He was semi-paralysed, exhausted and near to



A rare moment - the Section is parading for the photographer

### 'Windjammers' to the Rescue



drowning. The three swam out, crossed the reef, and dragged the man to shallow water, and hence to the safety of the beach, where he was given reassurance and placed in the coma position until he recovered. This prompt action probably saved this man's life.

The second incident occurred only 2 days later. Having sailed en masse with the safety boat to the next beach south, club members were enjoying a drink at the beach cafe, when once again the alarm was raised. This time it was by the beach pleasure boat hirer who said that 2 people were in trouble. He had taken out a pleasure boat which had sunk leaving them with a long swim back to the shore. There was less drama this time, the safety boat was launched to pick up the 2 tired swimmers, a man and a woman, who were at this stage still about 250 metres from land.

These two incidents illustrate two things. First, the danger of participating in water sports unsupervised and without adequate safety cover and, secondly, that prompt and positive action by trained soldiers can avert disaster.

Together with the OP they perform visible peace-keeping and you can really be convinced that they know the BZ as their own garden and any incident will be reported to the HQ.

The section attaches much importance to the fact that it contributes to normal life by providing escorts to farmers, repair teams for water supply and electricity lines and, during summertime, escorts for anti-malaria spraying is a must.

Finally the section work in close and excellent cooperation with their big brother the FSC Squadron.

## A HAPPY CELEBRATION AND REUNION

Article and photos by Lt Ola Thelberg



The wedding couple here together with Jorgen and Margareta Thulin.

It was a great day for Jorgen Thulin, 39 year old country postman from the southern part of Sweden, and the day was at least as great for 21 year old Greek Cypriot Charalambos Thefanus.

During the marriage ceremony of his friend it was difficult to keep the tears back, Jorgen says, who saved Charalambos from drowning on a hot summers day in the year of 1970.

Jorgen worked as a UN soldier in Cyprus and was stationed at Camp Carl Gustaf in Famagusta, which is called Camp Duke Leopold today. During his spare time Jorgen and his friends used to go to the very popular tourist resort of Famagusta. "We were lying in the sun when I happened to discover Charalambos lying lifeless in the water, I pulled him up on the beach", Jorgen says. The little boy's heart had stopped, but Jorgen had been trained in heart massage and artificial respiration at the UN training centre in Sweden. He acted exactly as he had been taught.

After about ten minutes of heart massage and artificial respiration the little boy's heart started to beat again. "He vomited in my face, but I was so happy to see him recovering" he said.

The little boy's mother witnessed the Swedish UN

outside Larnaca. In 1976 he got in touch with them again. From that time the family Thulin has sent Christmas gifts to their Cypriot friends, but have never had the opportunity to come to Cyprus.

"We got an invitation to Charalambos's wedding. We wrote a letter to the UN Department of Army Staff in Sweden and three days later the Swedish UN Department Commander Col Sten Wiberg called us on the telephone and told us that the journey was to be paid for by the UN Department in Sweden. It was fantastic," said Jorgen.

On Sunday 21 July the Thulin couple were present when Charalambos married a girl from his village. The whole village attended the wedding and in the centre the former Swedish UN soldier was standing with tears in his eyes. "I will never forget this day", Jorgen says. The wedding couple was also greeted by the present Swedish UN Senior Staff Officer Kjell Plantin.

Charalambos's father was smiling at his son during the wedding. "Today we have a double reason to be happy over the UN presence on the island", he said.



PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS



Maj Gen Benbow and Signals Offrs inspecting equipment at A-18.



MSM Presentation  
The Chief of Staff, Brig Duchesne presents the Meritorious Service Medal to WOII L B Sutcliffe, BEM, the Asst Manager of the Officers Mess UNFICYP.



Brig Duchesne and his team on completion of the Cape Greco March.

## UNFICYP MILITARY SKILL COMPETITION NO. 2 - 1985



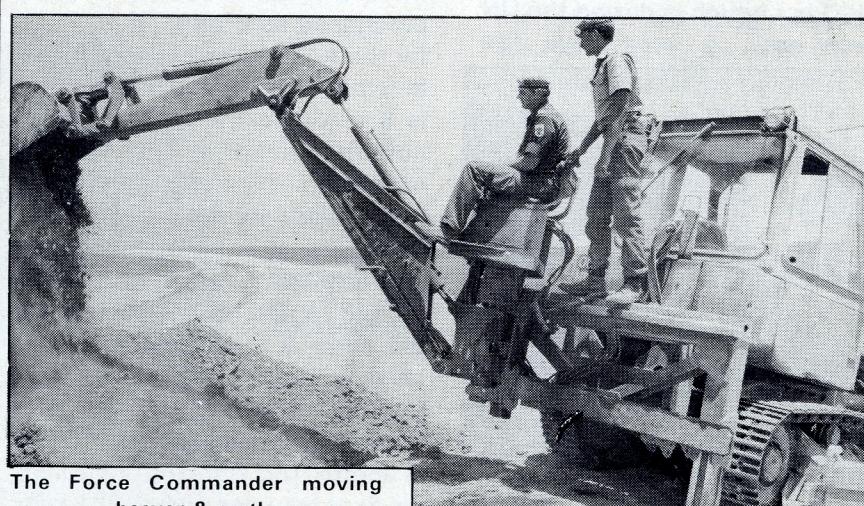
Held at Dhekelia on 4 and 5 Sept 85.  
The Chief of Staff presented prizes to:  
1st SWEDCON  
2nd UN MP CO  
3rd BRITCON



The Austrians doing the Cape Greco March "the hard way".

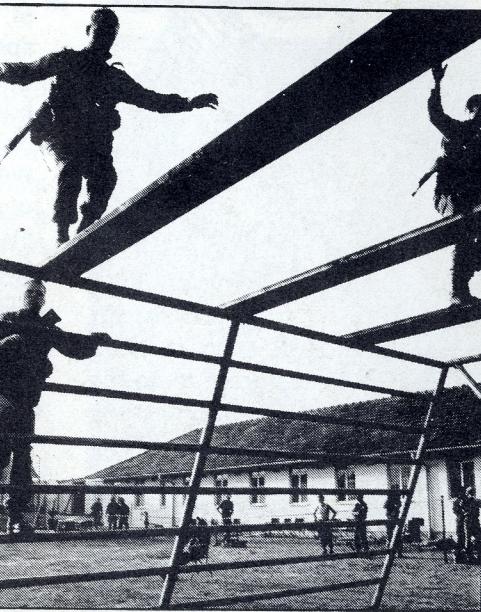


Taking a dip at the end of the Cape Greco March.



The Force Commander moving heaven & earth.

PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS PICTORIAL NEWS



LtCol PC Hoegh-Gulderg the outgoing Chief Operations Officer hands over to this successor Lt Col Hans Hansen.



**O**n a hot July morning, approaching 25°C even at 0700 hrs as LCpl Lucas went to do his fuel checks on the refuelling tank at Nicosia, the European Whip Snake was not feeling at his best. As a back - fanged venomous serpent he is normally looked upon as harmless to humans as his fangs cannot get a grip - but the whip snake is known to have a vicious temper and act aggressively, and his black glossy colouring gives him a cobra - like appearance. Certainly our Nicosia friend was most annoyed at being mistaken for a piece of black hose - pipe; he lashed out at LCpl Lucas and his 1.5m length flailed around the refuelling area, finally falling into the bund surrounding the tank from which there was no escape. The BSA Airsporter Air Rifle with which the Flight is issued for pigeon control was used to good effect by Sgt Smith REME who scored a bullseye on the snake's head with his first shot. Refuelling of Alouettes commenced peacefully thereafter.

Later on in the day, at about 1400 hrs which is during the UN lunch-hour, a very large fire



WO2 J Fenwick, REME, Chief Engineer of the UN Flight.

By Maj A C S Holtom

began in the brush at the rear of the married quarters and spread rapidly across waste ground to threaten several buildings. All the UN appliances plus the down - town Fire Brigade were involved, but one of the stars of the show was the Flight's new Fire Trailer - all AAC Flights now have one - which gave a superb account of itself in the hands of the Duty Crew. This is the second time it has been used in anger, and it is a most impressive piece of kit. Fortunately, in Cyprus at any rate, it is very easy to get it refilled and re-charged, and the live fire practice has been a good experience for all ranks.

So what have a snake and a fire got in common? Apart from being news for a newsletter they provide a welcome change of routine on a hot summer's day when some operational flying can become repetitive - although never monotonous. We feel that quite a few readers who are perhaps new to UNFICYP are not sure what the UN Flight does in its task and we would like to begin by mentioning the Alouette helicopters which we operate in the Army Air Corps (AAC). Although many hundreds were built in France in past years only 16 went into British Service. The AAC machines were purchased in the late fifties and early sixties and most were built in 1961. Of the original 16, 9 now remain in service - 8 in Cyprus and a reserve in UK. The Alouette II was purchased as a utility helicopter for the AAC, mainly as a stop gap between Skeeter and Scout and it is a credit to the design of the aircraft that it is still giving such excellent service and in a hot and high environment.

The Alouette can carry a Pilot and 4 passengers but only for a limited range. Usually in Cyprus we carry 3 passengers which gives an endurance of 1 hour 20 minutes between refuels. The maximum speed of the helicopter is approx 180 kmph but normally we fly at between 140 - 150 kmph - or 80 knots, 40 gallons of fuel

# UNFICYP FLIGHT ARMY AIR CORPS



Early morning departure from UN base.

per hour is used.

For its role in UNFICYP, the Flight is established with 3 Alouettes and a positioned reserve. The strength is 18 all ranks; starting with the OC there is a neat Pilots' pyramid of Major, Captain, WO2 (QH) and a SSGt. The AQMS has 3 REME Sgts (Technicians) and an RAOC Sgt (Spares). All the 9 aforementioned persons are on a two year accompanied tour, and the QH doubles as Flight Sgt - Major. There are 3 REME Corporals and 3 AAC Groundcrewmen on 6 month tours and the remaining 3 personnel are, for some odd reason, not provided by AAC; they comprise a GD Driver (RAC) Admin Cpl and Clerk (both Infantry) - all on 6 month tours.

As in all other AAC Units the Flight is a tight little organisation with high morale and is often very hard worked. We differ from others in that there are no ground radios and the Flight is unable to deploy away from Nicosia except when attached to some other Unit. Vehicles held are a much - used MK Bowser, 2 Land Rovers and a Vauxhall Chevette.

The Flight's flying effort of 90 hours per month is shared amongst the Contingents and broadly speaking each Sector gets 2 sorties a week (ie 2 sorties are flown by the Flight each working day). There is of course other

Photographs by Sgt A Thomson

and specialists. An organisation like UNFICYP attracts visitors which means a fair amount of liaison flying but the specialists are another matter and cover a wide spectrum; Humanitarian Officers to inspect cross - border water and power supplies; Force Engineer, Health, Catering, Medical and Fire Officers all have their specialist requirement to fly the line; and others like the Scout Car Squadron OC who is constantly aware of the hazards to his Ferrets on the very variable patrol track.

Away from the Buffer Zone, the Flight can fly over all of Southern Cyprus, which includes an excellent Mountain Flying Training area in the Troodos Mountains (6400 ft). A certain amount of flying is done to the SBAs and a great deal of night flying training is carried out both in the Buffer Zone (the OPs have built - in Benghazi or electric illumination) and at the various SBA pads, and on the Troodos range. All tasking of the AAC helicopters is done through ALO's office in HQ UNFICYP; because of the careful co-ordination involved the Flight is usually unable to accept tasks directly. The ALO has to control the ration of 90 flying hours per month which is a financial limit laid down.

Sometimes we can take passengers on training flights,



Simulated accident. Is the pilot's neck broken or not!



Alouette lands at D12

particularly at night, and anybody wishing to do this can speak to the Flight directly.

There is always a pilot and crew on duty call 7 days a week, but despite this the unit manages to take part in quite a few sporting activities in Cyprus, and often produces results out of all recognition to its small size.

For example in the UN Windjammers Club (Board Sailing) we provide Treasurer, Maintenance Member and no less than 5 RYA - qualified beachmasters. How the AQMS can get into his office over all the sails and booms in another matter! We are doing reasonably well at Cricket, we won the UN Bowling League and others have played prominently in Tennis, Squash, Volleyball and Soccer events.

Apart from the OC, all pilots will be changing in the latter end of 1985 and will welcome Capt Ian France, RAOC as 2IC, WO2 Laverton as FSM/QM and WO2 Murray as the fourth pilot. Somehow we will have to find the flying hours to train them in Cyprus - don't be surprised if you are asked to give up your seat to a new pilot so that he can learn his job on the Island!



## AUSTCIVPOL COMMANDER RETIRES AT THE COMPLETION OF CYPRUS DUTY

By: Sgt J Holroyd

Photograph by: Sgt A Thomson



At the completion of his tour of duty in Cyprus, Chief Superintendent Alan MORLEY will retire from the Australian Federal Police. Cyprus duty for Chief Superintendent MORLEY has been the culmination of thirty seven years of police service. He will retire to live in Melbourne.

Chief Superintendent MORLEY was born in England and served for a number of years in the North Riding Constabulary, North Yorkshire. He emigrated to Australia in 1952 and joined the Commonwealth Police. During his career he served in most states and territories of Australia. He was in charge of the currency squad, the central region which covered South Australia and the Northern Territory of Australia and the southern region which takes in Victoria and Tasmania. He served for two tours of duty as officer in charge of the Christmas Island Police Force. During the Commonwealth Heads of Government conference held in Melbourne in 1981 he was in charge of operations. This required an organizational ability

of a high level. His talents as an administrator were recognized and considered to be outstanding; in the following year he was in charge of the Australian Federal Police Contingent to the 1982 Commonwealth Games in Brisbane, Queensland.

Chief Superintendent MORLEY is a quiet unassuming man who has always been available to contingent members

in need of advice concerning problems at home. Many contingent members on Cyprus duty will well remember pleasant evenings and dinners at the home of Helen and Alan Morley.

All members of UNFICYP and particularly AUSTCIVPOL members who have come to know Alan MORLEY and his wife Helen wish them a happy and long retirement.

## WHAT HAPPENED TO OUR WHIRLWINDS

Article and photograph by Flt Lt F Haggerty



It must have crossed your minds as to what happens to our aircraft when they have finished their useful life. 84 Squadron started flying helicopters in Cyprus in support of the United Nations Forces with the Whirlwind. Only a few months ago we received our new model—a Wessex Mk 5c. RAF Akrotiri has decided to commemorate the retirement of the old lady by using one of the eight helicopters as a gate guardian. The photograph shows XD 184 in the original bright yellow of the Whirlwind in the Search and Rescue role. This helicopter arrived in Cyprus on 17 June 1969 and had its last flight on 1 March 1982.

## THE AUSTRIAN FIELD POSTMASTER OFFICER AND FAKIR

Editor: Lt J Hartig

Asst Editor: Wo II H Nemetz

Photographer: Cpl G List



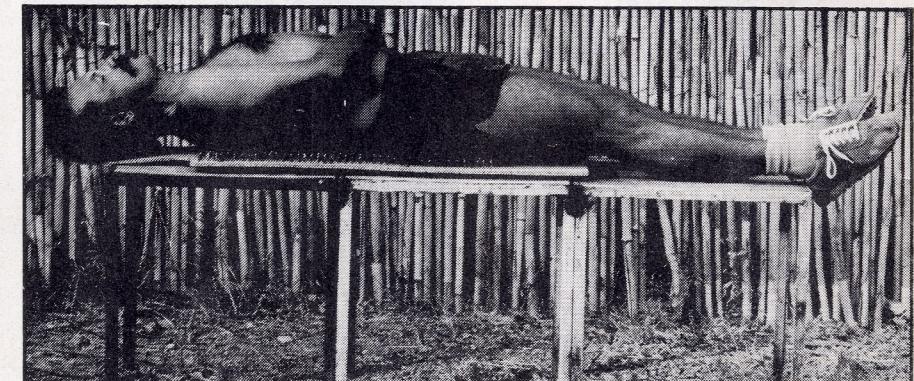
Our Postmaster playing his violin as Mozart did.

The Austrian soldiers are lucky to have an efficiently working Field Post System during their service abroad. Five times a week Austrian Airlines contacts CYPRUS with the mail on a direct flight VIENNA-LARNACA, and every time our postmaster drives to the airport in order to handover and takeover the mail bags personally.

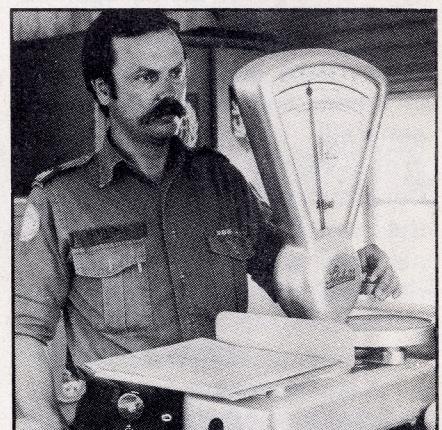
In Camp Duke Leopold V. there is established a complete post office, run by the FPM (Field Post Master) Gerhard MEISTHUBER and his assistant. All the mail to and from AUSTRIA can be stamped with normal inland postage without any surcharge.

But our "Posti" is not only a very accurate officer on his duty, he also likes to entertain his comrades with the violin. Maybe you have seen him dressed as MOZART personally at the Austrian Folk Festival in May, or as the grandson of JOHANN STRAUSS at the Dine and Dance Evening in AUSCON.

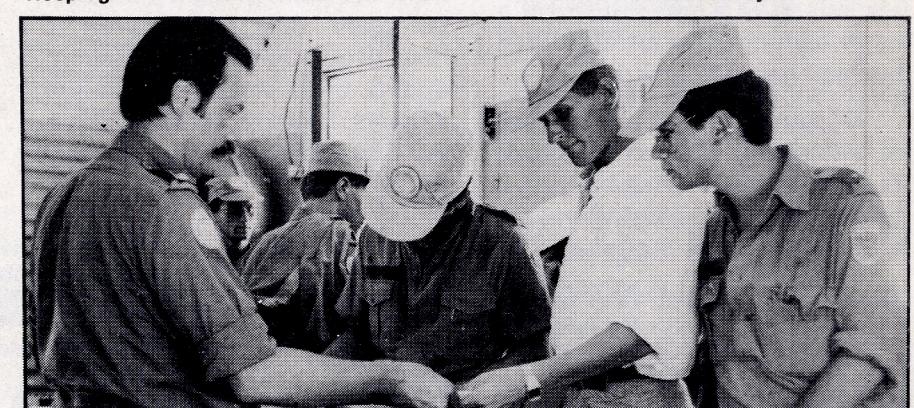
His second hobby is astronomy. He even constructed a telescope for his nightly observations, sitting on the roof of his office.



"FPM MEISTHUBER'S daily 'siesta' on the nail board."



"Exactness is his job".



## TO ALL STAMP COLLECTORS AT UNFICYP

UNFICYP is pleased to announce the 40th Anniversary of the foundation of the United Nations.

On this occasion a commemorative form will be issued through Sector 6 (AUSCON) comprising a brief history of the United Nations, in conjunction with a Force Commander message and a

message by the CO AUSCON. To obtain a copy (2000 issued) of this printing simply contact WO II Nemetz (CC/Ops AUSCON, Ext 119) or write enclosing payment (C£1) per copy (advance orders would be useful).

Date of issue: end of October 1985.

The estimated profit will be donated to charity.





## DOG HUNTING IN SECTOR TWO

By: Capt C H O'Rourke

Photos by: CSgt L Callow  
Cpl T Bennett

disease "Hydatid". Once infected, there is a high chance of death. So there is a keen incentive to destroy these animals.

A perhaps little known but extremely important part of the humanitarian job in Sector Two is the shooting, within the buffer zone, of wild dogs. CSgt Ray Boyd and Sgt Kevin Walsh, although they spend most of their time supervising farming activities are, quite frequently, called upon to hunt wild dogs.

The dogs are an odd selection of breeds and cross-breeds and generally are made up of a cross-section of Alsatians, Dobermans, and Pointers. Over the years these strays have naturally gravitated towards the relatively uninhabited area of the Buffer Zone.

Sometimes ranging in packs of up to ten, they have occasionally attacked lone farmers or joggers but, more frequently, cattle, goats and sheep. In a recent incident a bull weighing half a ton was killed by them near Mammari.

Of course it is not just the fear of being badly bitten or the death of farm animals which motivates this dog hunting. Most, if not all, of the dogs, carry the rabies-like

Capt Simmons and Sgt Walsh discuss tactics while waiting for the chopper.



THE KILL - CSgt Boyd AND Sgt Walsh.

There is usually a regular weekly shoot using an Alouette helicopter from the UN flight. This is by far the most efficient way of hunting the fast-moving packs.

The dogs show considerable ingenuity in hiding from the chopper but generally several are killed during each flight. Apart from the weekly flight however, the team must be prepared to react to a "DOGREP" (Dog Report) at any time and deal with the animals. These reports come from our OPs or by word of mouth from the farmers.

To conclude then, the problem could be a growing one as the number of dogs in the buffer zone increases all the time. Nevertheless we must persist in our efforts and ensure that the Buffer Zone is a safe place for farmers and their animals.

Capt Simmons about to go airborne on a shoot

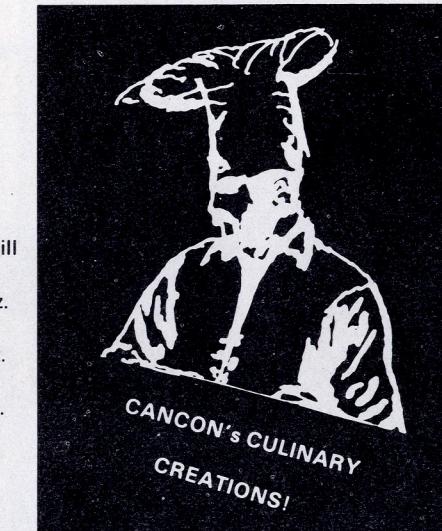


## INTERNATIONAL COOKBOOK



### COQUILLES ST JACQUES BERCY

Ingredients	10	50
Scallops in shell	15	75
Lemons	1	5
Fish Stock	1/4 pt.	1 pt.
Hollandaise Sauce	1/4 gill	1 1/4 gill
Shallots	2oz.	10oz.
Parsley	1/2 oz.	2 1/2 oz.
White Wine	1/4 pt.	1 pt.
White Wine Sauce	3/4 pt.	3 3/4 pt.
Duchesse Potato		
Mixture	1 1/4 lb.	6 1/4 lb.
Salt to taste.		



#### Method

1. Open the scallops by inserting a knife between the shells and cutting the muscle attached to the flat shell.
2. Remove the scallops from the deep shell by cutting through the muscle attached to the shell and place into cold water.
3. Remove the pouch and the beard. Thoroughly wash white meat and yellow tongue.
4. Thoroughly scrub the deep shell inside and out and dry.

5. Place the scallops into a saucepan with the shallots, white wine, chopped parsley, fish stock, lemon juice and salt. Bring to the boil and poach for 10-12 minutes.
6. Pipe a border of duchesse potatoes round the deep shell, brush with melted butter and half colour under the salamander.

7. Remove scallops from cooking liquor and slice in half horizontally through the tongue.
8. Reduce the cooking liquor to an essence and add to this essence the white wine sauce together with the hollandaise. Do not allow to reboil.
9. Place a small quantity of the sauce into the prepared shells and on this place three halves of scallop.
10. Mask with the remainder of the sauce and glaze the whole under a salamander.

### AVOCADO SALAD

Ingredients	10	50
Heads of Lettuce	2	10
Potato	1/2 lb.	2 1/2 lb.
Olive Oil	1 gill	1 pt.
Apple	1/2 lb.	2 1/2 lb.
Avocado Pears	2	10
Lemons	3	9
Salt and pepper to season		

#### Method

1. Trim, wash and shred the lettuce.
2. Boil potatoes in jackets until tender. Cool, peel and cut potatoes into very thin slices.
3. Place potato and lettuce in bowl and pour oil over them.
4. Peel and cut the avocados and apples into small pieces.
5. Place on top of the potato and lettuce, season and add the juice of the lemons to taste.
6. Add tomato puree, chopped fresh tomatoes, fish stock and bouquet garni, bring to the boil and simmer for 20 minutes.
7. Remove the lobster, peel off all the shell and replace in the cooking liquor, leaving the cooked flesh on one side.
8. Add the fish veloute and simmer for a further 10 minutes.
9. Add the sieved coral and intestines, pass through a fine sieve or muslin cloth.
10. Reboil, correct the seasoning and consistency, add the cream, diced lobster flesh and serve.

### CREAM OF LOBSTER (BISQUE DE HOMARD)

Ingredients	10	50
Lobster raw (alive)	1 lb.	5 lb.
Fish Stock	1 pt	5 pt.
Onions	1 oz	5 oz.
Tomato Puree	1 oz	5 oz.
Olive Oil	1 oz	3 oz.
Fish Veloute	4 pt.	20 pt.
Carrots	1 oz	5 oz.
Bouquet Garni	1 small	1 large
Tomatoes Fresh	2 oz.	10 oz.
Fresh Cream	1 gill	1 1/4 pt.
Salt and cayenne pepper to taste		

#### Method

1. Remove and slightly crush the claws of the lobster.
2. Remove the tail from the body, keeping the tail whole. Cut the body in two lengthwise.
3. Remove the contents of the body, pass through a sieve and place on one side.
4. Heat the olive oil until very hot and place in the lobster. Fry until the meat stiffens and the shell is a bright red.
5. Cut the vegetables into small dice and fry with the lobster.
6. Add tomato puree, chopped fresh tomatoes, fish stock and bouquet garni, bring to the boil and simmer for 20 minutes.
7. Remove the lobster, peel off all the shell and replace in the cooking liquor, leaving the cooked flesh on one side.
8. Add the fish veloute and simmer for a further 10 minutes.
9. Add the sieved coral and intestines, pass through a fine sieve or muslin cloth.
10. Reboil, correct the seasoning and consistency, add the cream, diced lobster flesh and serve.





## THE FIRST MONTH

By Capt R E Blaksley

Photographs: LCpl P A Greatorex

We knew the Mediterranean was hot, we listened appreciatively to those members of the Squadron who were here two years ago as they told us of the sweat that pours continually from you, we thought that we understood. Yet nothing prepared us for the furnace-like blast that hit us as the doors of the VC10 were opened at Akrotiri a month ago. The short walk from the aircraft to the terminal building left most of us weak at the knees and longing for the first (of many) cold drinks. However, like most things in Cyprus and in UNFICYP, we quickly adapted to it and now cannot imagine life any other way.

The first month has certainly been a busy period for us. A week was taken up fully by our takeover from The 16th/5th Lancers and the preparation for the arrival of our main party. From then on we familiarised ourselves as far as



The Force Scout Car Shooting Team

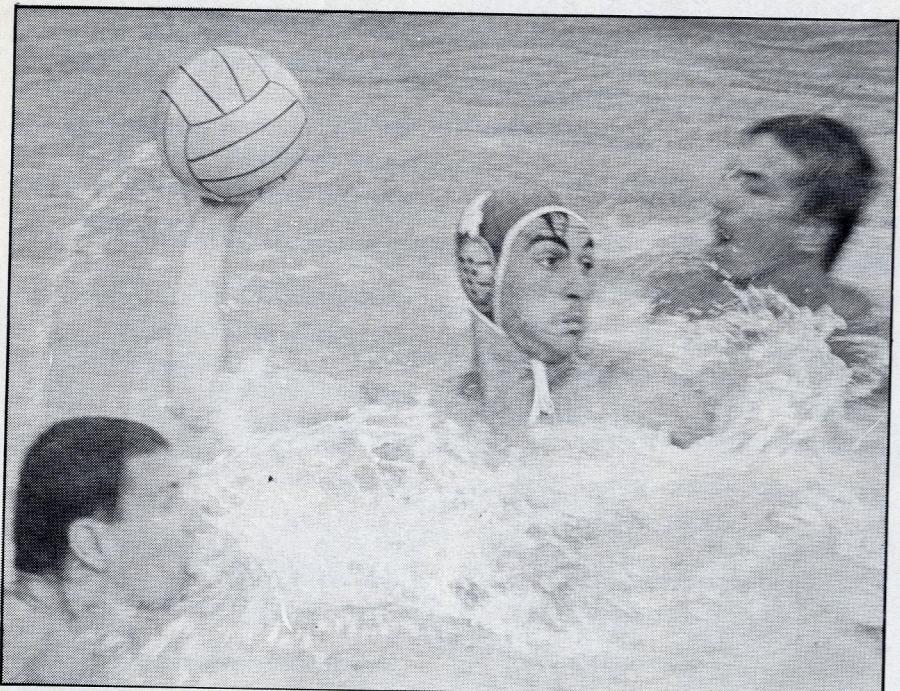
possible with every aspect of UNFICYP life and our areas of responsibility. The troops we have attached to individual sectors have been getting to know the ins and outs of their patrol tracks and meeting members of their

separate contingents, while SHQ has been working to implement the changes that any new squadron will inevitably make.

In between all of this we have had the shooting competition, Force Reserve exercises, VIP visits, preparation for the various Contingent sponsored competitions, official parties (some not so official) and we have played the Austrians at water polo.

As this is written our Troops are about to start the first of their three-weekly change-overs, and will have a new set of patrol tracks and faces to learn.

With the first month complete all members of B Squadron, 1st The Queen's Dragoon Guards are looking forward to a happy and successful six month tour in Cyprus, and to getting to know the many of you in different contingents that we have yet to meet.



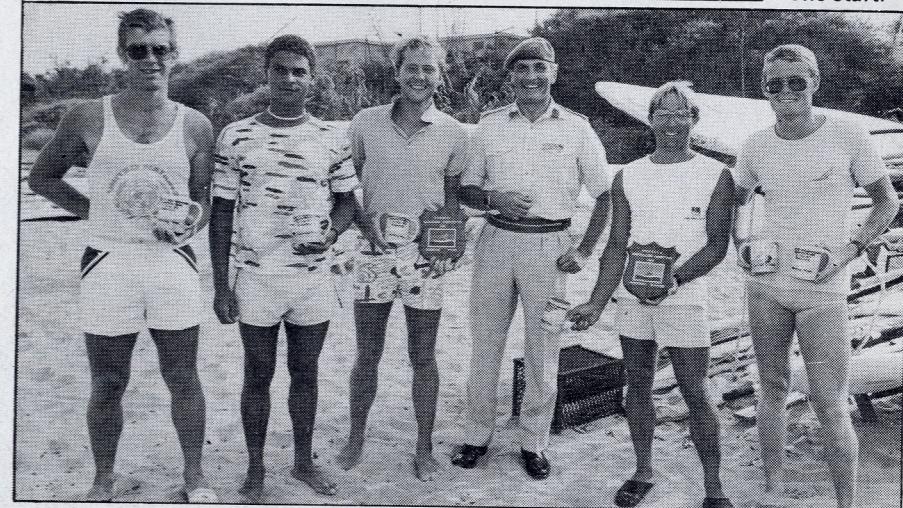
LCpl Lockett, FSC Sqn, in action against the Austrians



Lt Col Aylmore winner of the "Protocol Stakes".



The start.



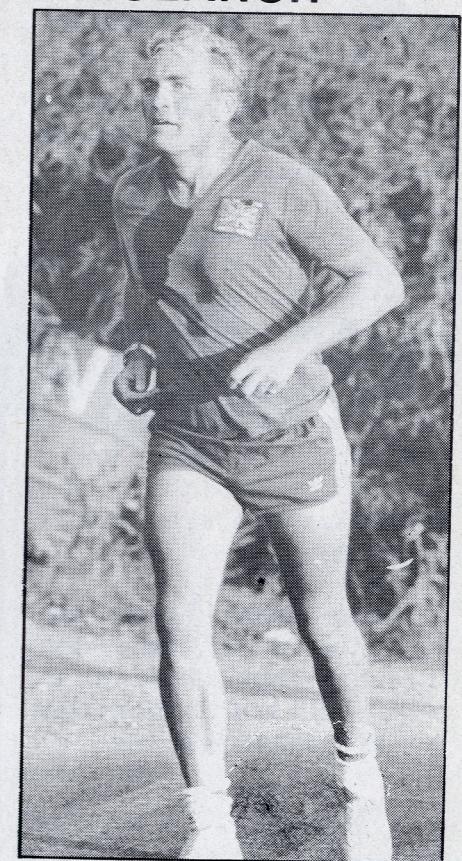
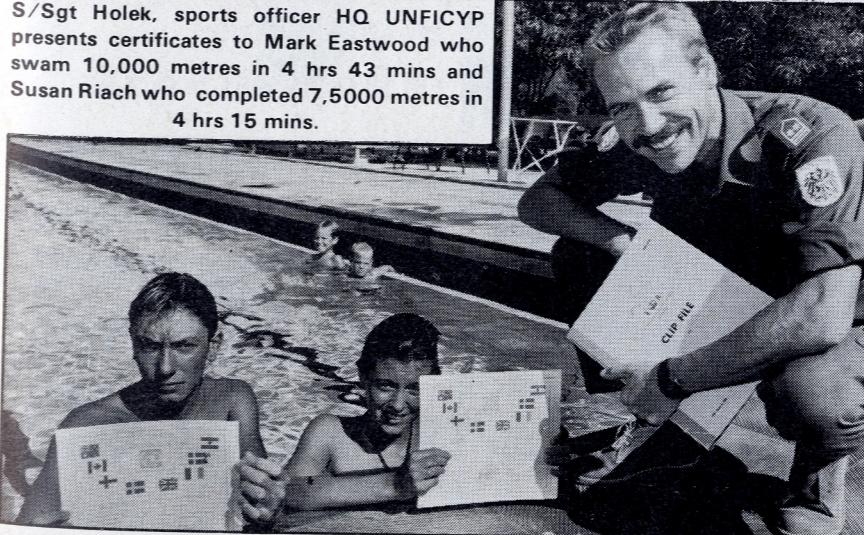
Sp Regt winning team.

## THE TERRY FOX RUN FOR CANCER RESEARCH



The start.

S/Sgt Holek, sports officer HQ UNFICYP presents certificates to Mark Eastwood who swam 10,000 metres in 4 hrs 43 mins and Susan Riach who completed 7,500 metres in 4 hrs 15 mins.



Brig Duchesne striding out.



# UN NEWS



## NEW UN SPOKESMAN – CHARLES GAULKIN

Charles Gaulkin, who replaced Stephen Whitehouse as UNFICYP Spokesman on 16 September 1985, has worked for the United Nations Department of Public Information since 1966.

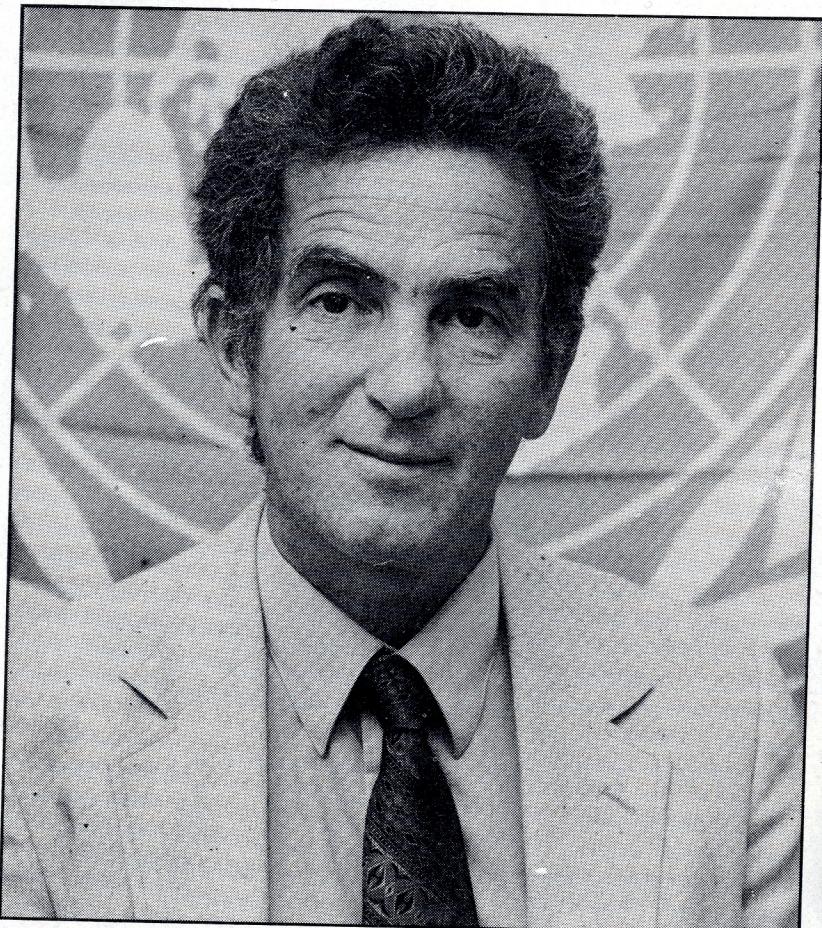
As a writer and editor, he covered the Security Council and General Assembly, and was responsible for publications on topics ranging from disarmament to decolonization, peace-keeping and development.

Among other assignments, he was the first press officer for the UN Council for Namibia, and was in charge of the UN press team's coverage of UN Conferences on Women (Mexico City), Population (Bucharest), Water Problems (Mar del Plata), Industrialization (New Delhi), Trade and Development (Nairobi) and the Law of the Sea (Montego Bay).

From 1977 to 1980 he headed the press service of the United Nations Information Service at Geneva. Returning to New York in 1980, he served as United Nations liaison officer with commercial publishers, arranging for publication of materials originating in United Nations studies and conferences. From December 1983 to July 1985 he was editor in chief of the United Nations Chronicle, the Organization's monthly magazine.

Before joining the UN, Mr. Gaulkin worked for United Press International, Newhouse Newspapers and the New York Post as a reporter and editor.

Picture by Charlie Claridge, age 9 years



Mr. Gaulkin, a national of the United States, was born on 30 October 1933 in Newark, New Jersey. He is a graduate of the University of Chicago, and studied

at the University of Paris. His wife, Jolanda, and son Thomas, 6, are with him in Cyprus. Two older sons, David and Daniel are studying at New York University.



### UN ART EXHIBITION

FRI 18 OCT – THU 24 OCT 85

ST MICHAEL'S SCHOOL, UNPA

If you haven't started drawing, painting, photographing, etc; get going now, closing date is 8 Oct 85. Up to £300 prize money to be won, kindly donated by the Cyprus Popular Bank. Other prizes donated by Carlsberg and Pip Cola. Applications for entry to Mrs J Duchesne.